



MISSION STATEMENT: “One World Heart’s mission is to lift humanity up “onhi” and our planet Earth (Gaia) through education and promotion of the new Aquarian Spirituality, according to the Creator’s Will and Plan.”

Relationships (*re-lations-ships*): Connections that allow one to evolve, intensify, commune through love and experience towards an eventual unity consciousness.

On Allowing

“In Realization of the Divinity within the other, and as an acknowledgement and expression of unique potential, there is consideration for the evolvement of the other. Then, through “freedom” of externalization, and a mutual benefit of enhancement, control is relinquished. In the Actualization of Divine Truth as a result, the one and the whole have the perfect opportunity “to be” Divine energy in form and “to be” an All embracing soul and Spirit in Manifestation.”

Lady Nada

The Life Plan of Our Destiny

As one people we must continually strive to reconnect with our spiritual destiny by returning to a personal relationship with God for the Soul within each person constantly hungers for a transcendent experience with the Divine.

Here in the United States every action appears to center on the work environment. Since we are one of the most competitive nations on the planet, life is primarily related to our ability to work. Reliable work ethics are commendable yet too much of a good thing can have calamitous results. An extreme excess in any area enacts a toll most would be unwilling to accept if they lived in a condition of mindfulness. Remember the old ancient truth: “Seek the Middle Way?” Without a balance of head and heart, the “Middle Way” shall forever remain elusive to even the determined spiritual seeker.

What occurs when the most powerful nation in the world continually programs its people to live in the mind, leave e-

emotions at the door, and work 12 to 14 hours a day? Neurosis eventually reaches detrimental levels within any nation who deliberately creates systems that promote a state of psychological imbalance in order to remain the great super-competitor of the world. The psychological health of the people is then sacrificed for power.

As clairvoyants we see what others cannot see and most would recoil in dismay at the severe imbalances commonly present in humanity’s spiritual bodies. Here in the U.S. ones mental body is usually swollen to such a distorted state, it creates an addictive condition whereby one is rarely able to detach from thought longer than two or three seconds at a time. In contrast, the emotional body is severely contracted, sluggish, weakened, and eventually goes through a process of rigid crystallization. It takes a catastrophe for Americans to reveal the true courage and beauty lying within their hearts. This ever-deepening neurotic pre-



DONATIONS ACCEPTED

occupation with thinking, rationalization, and living each second with a constant mental focus has caused people to lose their connection to the beauty, wisdom, and life-affirming energy of the loving heart. As people disconnect from the heart, they also sever a direct connection to their own Soul, and distance themselves from experiencing the Transcendent in any personal meaningful way. When we surrender our understandings found along the way of the heart, the goal of striving to build a healthier level of emotional intelligence and maturity becomes more and more impossible to attain.

Beloved Children of the Most High God, can you set aside some creative dreaming time? A few moments, here and there, to walk among the trees, feel

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the air brushing your skin, and wonder in awe at the power of the Universal Source? Meditate, pray, chant, sing, or invoke the Creator to touch your Soul. Allow Source to ascend you from this all-consuming unhealthy focus on thinking-thinking-thinking for it is our emotions that keep us in touch with the wholeness of reality. It is our ability to feel which connects us to the majesty of the Divine. Don't surrender the power of your Spirit and the Life Plan of your Destiny merely for a paycheck. If this is the price required today then find another way. Set your intention to experience the sacred and the Universe will strive to fulfill this most potent need of your Soul.

In our addictive culture emotional dysfunction is encouraged because of pre-existing structural systems, which are deeply entrenched in our society, that favor sustained dependency for the masses and independence for the wealthy. The masses are more easily manipulated when they remain dependent, psychologically immature, and emotionally reactive. These older karmic systems must be transcended and replaced. Enforced emotional dependency, for any reason, sustains these states of emotional dysfunction. We cannot learn to love and accept the self and others in any healthy manner under such conditions as our expectations will always be rooted in illusions, delusions, and insecurities. Trying to move forward in this type of environment will always be excessively laborious.

It is our emotions and not our thoughts that tell us who we are. Unfortunately, it has been difficult to differentiate between higher intuitive emotional truths and the dysfunctional emotional reactivity resulting

from traumatic triggers that stem from our childhood. Allowing our immaturities to be exposed and revealed into the conscious mind can be an agonizing experience. Many people cannot handle the stress involved in transcending the old patterns; instead, they resort again and again to blaming the messenger who delivers any realization deemed to be too emotionally uncomfortable. Regardless of the desire to connect with the soul, advanced growth cannot take place under such conditions.



Maintaining direct communion with our Creator requires determined commitment, sustained discipline, and a high degree of moral courage. Healing from addictions and co-dependency is vital if pursuing any course of spiritual development. The most important relationship to be healed first of all must be our relationship with the self. Strive to build a strong foundation with the self that includes emotional resiliency and a willingness to move past existing realizations. Remove immature beliefs that transcending limitations is easy. This is very hard work!!! Be in gratitude whenever the Universe gives us an opportunity for additional maturity.

Our Soul communicates with us through emotional vibrations. Higher Truths are channeled to us through the antakarana as emotional energy vibrations from our Soul on a Higher Spiritual Plane to our Being/Spirit/Soul ex-

tension on this physical plane. This experience of the Soul through the Heart both reveals and enhances the awareness of one's destiny and purpose in life, restoring our connection to the Divine in a deeply personal way.

Emanuella



L-O-V-E as a G-I-F-T in Relationships

L-O-V-E (Law of the **One** through the **Vessel of Expansiveness**) is a **G-I-F-T** (**God In Full Triumph**). Our Creator, Infinite and Absolute, **IS** the Source of Life (Power), Truth (Wisdom) and **L-O-V-E** (Beauty), and every other quality that springs from there. These Laws are the foundation of the creative practice, the root of the reality of the Universe, and are in essence the center of the Creator's Presence in All being and doing. Through the vessel of the heart, these Laws are presented to us for all to express, glorify and behold.

Created in and of **L-O-V-E**, we must embrace this Truth and begin our call to this remembrance. To heighten this **G-I-F-T** both within and without, we must manifest this as part of our creative togetherness, for the manner in which we **L-O-V-E** and how we present ourselves as a **G-I-F-T** determines our ultimate destiny. This is explicit in our understanding of **L-O-V-E** and the recognition of it in each and every life force. In diminishing another, we diminish ourselves; in exalting another we exalt ourselves; conversely, in loving ourselves, we love others, and in loving others we love ourselves.

To express this **G-I-F-T** as **L-O-V-E** we must magnify this Divine flow through the cycles of our own being, for as the greatest of all human qualities, in order to be loving human beings to ourselves and towards each other, we must unite the purity of justice, mercy and freedom in perfect balance throughout the threefold flame within our heart. This ongoing practice of relating lovingly, regardless of conditions or circumstances, is foundational to implementing all sacred relationships, for it allows us to discover a world beyond our own point of view, to gain a broader perspective, and to grow in understanding, grace, commitment, care, trust, Truth, respect, and mutual appreciation. It is important to realize that this **L-O-V-E** needs to be continually enkindled, but as compassion and kindness; as tolerance and tactfulness; as encouragement and support; as patience and self-control; as gratefulness and merciful forgiveness.

When this plume of **L-O-V-E** is an active, embrace **G-I-F-T**, encompassing all of the above qualities and many more, and when invoked in all of its totality, those who desire Divine Balance gain mastery over themselves and other parts of Life. All other attributes, Divine Wisdom and Divine Power, are then harmonized and interwoven into the fabric of Life. This is so because **L-O-V-E** always understands even though it is not necessarily always understood. **L-O-V-E** allows us to grow higher, for it will not be compromised. It is always pure and does not contain within itself any self-polluting, self-mutilating force such as fear of failure, fear of Truth, fear of Life, or fear to be **L-O-V-E**. It cannot be indifferent for it does not know how. It speaks with a voice of authority, never the petty tyrant; it chastens, peeling away the layers of self-deception.

L-O-V-E is neither jealous, boastful, proud, nor rude. As a discipline, it binds the invalidating ego, for it is the focus of the Divine Whole, the creative spark of God's desire within us. It never gives up, never loses faith, is always hopeful, and is enduring. Always spontaneous and not evoked by any intrinsic worth in its object, this **L-O-V-E** creates that worth in itself.



As an actualization then of our **L-O-V-E** relationship and as part of our **G-I-F-T** in our co-creator partnership, we must express towards each other the same loyalty, purity, mercy, loving-kindness and **L-O-V-E** the Creator extends towards us. This can only be realized through faithfulness in the Spirit core of our own being, hopefulness in the charitable nature of the threefold flame within our heart, and discipline to heed the circumstances of our life, and, is far greater than simple warm feelings. It is an attitude that reveals itself in actions and is inspired by a rejoicing in the highest Truth and the highest good for all, for we are an interdependent, integrative global whole. By becoming an emissary of our Higher Self and drawing from God that Divine Wisdom and that Divine Power, the very essence of the **L-O-V-E** which gave birth to the Creation, and which gives impetus to the **G-I-F-T** we are, we reveal our True Loving nature towards each other, the community at large, and become God in manifestation.

By the power of **L-O-V-E** in the tongue of **L-O-V-E**, so are we understood; so do we need to understand. Let us build together an action of **L-O-V-E**. Let us present ourselves as a **G-I-F-T** to everyone who enters our Life and to everyone whose Life we enter. Let our experience of the Creator and of our fellow humans be of the heart, joyful in nature, and with deep affection. Let us desire this special **G-I-F-T** of **L-O-V-E** in everything that we seek and in all those who seek us.

Lady Nada

Commitment in Relationships

Relationships are the basis of everything. Without them nothing would exist, there would be complete stasis: no evolution, no movement, and no ascension. Our connections with life are the basis of our creations in all that we do, all that we feel, and all that we think. What gives a creation its

definition is its relationship to all that surrounds it. We judge our state of being human by comparing our characteristics to those of the other kingdoms, animal, vegetable, and mineral. On a daily basis everything we do, think, and feel is in relationship form. All cognitive realizations are based on patterns which are composed of multiple specifics all in a cohesive relationship with one another. As we are now entering the great era of Relationship Evolution called Aquarius it is appropriate and very important to review the basics of strong committed relationships.

The most critically important qua-

lity of relationships is commitment and this quality has a direct correspondence to the strength and determination of the spiritual will. Commitment can be defined as: to entrust with assurance or reliance; to obligate oneself; an agreement or pledge to do something; the state of being obligated or emotionally impelled. It is obvious these traits vary widely among people according to the level of their development. Advanced development is connected with much broader levels of understanding in all areas of the life process. Some can manage the responsibility it takes to stay committed while others have a very difficult time with it.

In order to understand this more completely it is helpful to view the subject from a spiritual perspective and not simply a material one. In the higher nature or Soul Body, Will is the powerful force compelling one forward, whereas in the lower nature, desire is the major power which drives one forward. Many believe they function through the soul body when in reality it is still the lower ego driven by self-interest and the pleasure principle. Consequently, "when the going gets rough" the usual response is "This doesn't feel good and I quit."

Finding one's spiritual niche and knowing without doubt that this is where your true purpose lies, and then going about bringing it into life on the physical plane, will take all the strength of will your being possesses. Staying true to an inner knowing of what God has intended for you to do no matter how tough it gets and no matter how impossible it may seem at times, is one of the greatest expressions of an advanced spiritual purpose is a direct expres-

sion of your relationship with the Creator manifested upon this third dimension. This is the kind of commitment required to help fulfill God's plan for the continued development of humankind.

It is much easier to choose a path of non-commitment because it takes less effort and discipline; it certainly feels better. Being truly committed and never quitting will bring to the surface all those difficulties, inconsistencies and flaws within our being which need to be addressed and corrected in order for us to be able to continue forward and complete spiritual lessons, goals, and missions. It takes great strength of will to do this. Even the mere thought of this type of sustained commitment can put many in a state of inertia. An Advanced Spiritual Initiate is always one who stands as the example of an undefeated heart to others. While people will disagree with them over many issues, their courage to make the impossible possible is rarely disputed. Whenever inertia does occur, it must be met by pure force of will that allows one to push past complacency for the benefit of the whole.

Do not let fear of inadequacy stop you from moving forward.

Look within your heart and fuse with your Soul: make a strong commitment to assist the growth of humankind; maintain this resolution even when it requires every ounce of your courage and more besides. Have loving intent, stay open to guidance from the Divine Source, and learn to stand as an example to others of committed will in action.

El Morya



Legacy of an Adopted Child

*Once there were two women
who never knew each other.
One you do not remember,
the other you call Mother.
Two different lives shaped to
make you one.*

*One became your guiding
star. The other became your
sun.*

*The first one gave you life,
and the second taught you to
live it.*

*The first gave you a need for
love, the second was there to
give it.*

*One gave you a nationality,
the other gave you a name.
One gave you a talent, the
other gave you aim.*

*One gave you emotions, the
other calmed your fears.*

*One saw your first sweet
smile, the other dried your
tears.*

*One sought for you a home
that she could not provide,
The other prayed for a child
and her hope was not denied.
And now you ask me through
your tears*

*The age-old question,
unanswered through the
years.*

*Heredity or environment.
Which are you a product of?
Neither, my darling. Neither.
Just two different kinds of
love.*

Author Unknown

NEXT ISSUE
"Abundance"

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