



MISSION STATEMENT: “One World Heart’s mission is to lift humanity up “onhi” and our planet Earth (Gaia) through education and promotion of the new Aquarian Spirituality, according to the Creator’s Will and Plan.”

Leading with the Heart

Service (*ser-vice*):

Service to humanity, to our Planet and to the Creator’s Plan.

‘Today more than ever before life must be characterized by a sense of Universal responsibility, not only nation to nation and human to human, but also human to other forms of life.’

Dalai Lama (1935 --). In *World Wildlife Fund Thailand, A Cry from the Forest, 1987*

IN THIS ISSUE:

Leading With the Heart	1-3
The Value of Balance	4-6
Gratitude	6
Kwan Yin	6
Christ Light Affirmation	7-8

As we strive towards unity consciousness, keep in mind that an important goal is to help the brain of rationality blend into harmony with the heart of intuition. Both concrete and abstract realities must no longer be separate in the perception and functioning of human beings. There can be no leap forward in perception without the emergence of an augmented level of balance within humankind.

Aquarius is an age governed by an amplified mental development, therefore, let that development contain the goal of merging concrete and abstract thought together in an advanced manner thereby revealing areas never realized before. In this way, constant contact with the intuition innervates those areas of the brain connected to the limbic system and this is vitally important if humanity is to make significant progress in moving past a global codependency into a new level of emotional intelligence and maturity.

To date, we have two massive areas of emotional development appearing in humankind, both are extremes, both are unhealthy, and far more destruction than construction is being realized in all areas of the world. There is the emotionally polarized individual who lives life emotionally and does not

strive to develop greater mental expertise. This constitutes the vast portion of humankind. Then, there is the mentally polarized individual who lives in the world of the intellect and discounts the importance of emotions until he/she becomes numb to the abuses and horrors that abound throughout the world. This grouping, although considerably smaller, wields the power upon Earth.

Two extremes are present; they reflect a marked psychological dysfunction that is pervasive and deeply penetrating throughout the vast scope of the global psyche. Collectively, our species remains psychologically out of balance or one could say humankind is noticeably unbalanced in their appreciation of reality. This imbalance is escalating, being propelled, in part, by a massive restructuring of the civilization. One understanding of life is being replaced by another which is much more comprehensive. As the early effects of Aquarian energy sweep throughout the planet, it is causing a rapid-fire series of unending changes and we see immature personalities experiencing rising levels of insecurity, confusion, and displacement. Large masses of people are struggling to find a place in the developing new world realities;

continued on page 2

Leading with the Heart

Continued from page 1



entire populations are discovering they are ill equipped to meet the demands of this new rapidly transforming global structure.

The human personality/ego lacks the extended consciousness of the soul therefore; the world of the form is the ultimate reality. Today, the ego lives with a part perspective interpretation of life and has limited understanding of the relationships between vast comprehensive realities. The truth it sees is covered with veils of illusion and emotional glamour for only concrete material substance is important while immense realms of spiritual knowledge are discounted as irrelevant to a modern world. Subsequently, individuals locked into an ego perception of life are unable to know these higher revelatory truths as there is little opportunity for such truths to be directly experienced. It is easy to see why the ego can be a hindrance to anyone endeavoring to be a light of enlightened love and a force of greater life. More importantly for the masses, it can also be a liability preventing individuals from accessing the higher, more evolved, aspects of their being in order to find their place within a changing civilization.

One goal in Aquarius is to be whole. This means making a paradigm shift to include a more mature balance of head and heart and a working partnership between material evolution and spiritual evolution. For this to manifest as an obvious goal, large groups of people must turn

from an obsession with analytical intelligence to merging it with the compassion, social expertise, and revelatory knowledge of the intuitive heart. Intuitive intelligence must merge with rational intelligence or the two realms of evolution that include the material and the spiritual cannot become one. Further, it is necessary for people to acquire a working understanding and a knowledge base that includes both the part perspective and comprehensive interactions. Life contains a merging of both of these and more. Humanity must learn to use the brain in a new way and this new way of perceiving constitutes, for the spiritual disciple, a more advanced merging of head and heart.

When humanity is able to do this, the ability to accept better levels of personal and planetary responsibility will manifest. A responsibility that includes: ending the great divide between rich and poor, creating a relationship of sustainability between human and other global species, and finally developing a balance between resource consumption and planetary restoration. Spiritual students can experience a heart-centered approach where the process of becoming compassionate gives people the realization of a mutual equality existing between individual parts and entire collectives. It is only when one lives the experience of this duality, again and again, while finding ways to transcend it, that perception authentically transforms.

continued on page 3



Leading with the heart

Continued from page 3

As we progress through the heart, we connect to the Infinite Love of the Creator dancing the gift of life through all creation. Connecting to the Heart or core of Absolute Source allows spiritual disciples the opportunity of direct experience with all twelve major dimensional interfaces present in the human etheric heart center. It allows one to contact, experience, express, create, and transform with the power of the Creator's Holy Spirit. It is the energy of the Holy Spirit that flows directly into the sutratma of the human heart center providing us with the ability to pour out life more abundantly upon creation. Bear in mind Aquarius is also called an age of the heart.

Evolving into a heart-centered approach and away from the current dysfunctional preoccupation with a self consumed solar plexus identity brings added benefits to those able to make this leap in perception. They will be more centered, balanced, focused and grounded in their higher self.



'Artwork courtesy of and copyright by Daniel B. Holeman, who invites you to visit his Visionary Art Gallery web site www.awakenvisions.com'

Quote...

'So irresistible is the transformative power of enlightenment that your life seems to be shifted into a new dimension, open to new and unsuspected possibilities.'

Eugen Herrigel (1895-1955). "Enlightenment, Rebirth, Buddha Nature," *The Method of Zen*, 1960, ed. Hermann Tausend and tr. R.F.C.Hall 1964

They will be empowered to experience the abundance of synchronicity from their environment and from various inter-dimensional connections. Deeper connections with the Holy Spirit afford one the ability to create on a larger scale and to bring forth the uniqueness of the soul. Through the development of an expanded consciousness and greatly heightened senses, the spiritual disciple discovers the true effect and responsibility each person has to the whole. Eventuality the blending of head and heart intensify, going beyond thought, to bring forth the reality of the enlightened human being. Such a cumulative effect is all the more remarkable when it influences those working in advanced group formation. The appearance of true group enlightenment is a unique event that will be seen again and again threaded throughout our new heart centered age.

Beloved Souls of Light, today I and my fellow brothers and sisters of the Light are sent to you as one loving family of compassionate hearts to stand with you in service to humanity, to our planet, and to the Creator's Loving Will and Plan. May our guidance prove useful to many.

*In the Beauty of Light, Love, and Life,
Djwhal Khul*

The Value of Balance

Can we perceive our lives, nature, and our world without balance? What is its value, individually, collectively, and universally?

Currently, we live life by choice in a system of dualities. Souls achieve success by blending the opposites, equalizing the differences, and bringing order out of disorder or chaos. Change is essential in this process. Choice requires change; and a higher choice requires an ability to transcend the opposites with a greater perspective that balances everything. Striving for balance gives us an opportunity to change. Such a goal allows for expansion and contraction in perfect measure, for manifestation and dissolution, and for the evolvment of more and more perfection. Balance promotes a framework that structures order, growth and expansion of life systems.



There are continually developing levels of Order in the Universe. The purpose of Spirit is manifested through the quality of our movement throughout life. Spirit blended into matter is the livingness which reveals all the intrinsic potential present in matter. In ages past, we used to identify the ordered structure of this cosmic spiritual livingness as simply the breath. It was an effective analogy, at the time, as most people could easily identify a system of order, life, and Spirit by focusing on the breath. In the ancient past, as teachers, we would say, “By the in breath of Creator and by the out breath of Creator all things exist. Our lives exist as we breathe in and breathe out. This is Divine Order.” Remember?

Today people are beginning to understand everything is connected, related in some way to everything else. Balance must exist for there to be harmony and order in our world, solar system, galaxy, and the entire cosmos. Order is the bi-product of a balanced inter-connectedness with all the levels of livingness.

*‘We were born
to make manifest the glory of
God
that is within us.
It’s not just in some of us,
it’s everyone.
And as we let our own light
shine,
we unconsciously
give other people
permission to the same.’*

Nelson Mandela (1918--). South African president. Inaugural Address, 10 May 1994.

Let us observe what occurs in Nature, in human behavior, and in cosmic alignment when there is balance.

In Nature: The honey bee is a precious, tiny winged creature that has the responsibility of pollinating thousands of flowers in its lifetime. It is Gaia’s tiny helper, expanding the beauty and viability of the planetary environment through the propagation of flowering plants. The honey bee maintains equilibrium and purpose as it moves about in Nature. This little creature delicately lights upon each flower in such a way to assure its continuation while extracting pollen from the center of the flower. Very carefully it places the pollen on its back legs where it is stored until the bee is ready to pollinate other flowers. The honey bee remains aligned with a system of planetary balance as it

continued on page 5

Quote.

Govern thy Life and Thoughts as if the whole world were to see the one, and read the other.

Thomas Fuller (1654-1734). Comp. Introduction and Prudentian, 417, 1731

performs this task; otherwise its purpose in Nature is not being fulfilled. It is a simple lesson. A lesson all of humanity must learn. The value of the part exists as equal to the value of the whole although their individual functions may appear to differ greatly.

In Human Behavior: The need for balance in the purpose of all daily action is seen as we review the expertise required of an airline pilot. Each day pilots carry hundreds of passengers and cargo to specific destinations on Earth. The lives of each passenger depend on the ability of the pilot to stay centered, focused and internally balanced in his responsibility to complete all duties effectively. The pilot must fly the plane accurately, despite any possible disturbances in the weather or in the constantly changing conditions within the aircraft.

Behavior must reflect an internal balance to provide for the safe journey of cargo and passengers over miles and miles of land and sea at incredible altitudes. This type of proficiency is maintained through personal discipline with mental and emotional steadiness, and also professional command of all control systems. The prepared takeoff, the actual flight and safe arrival, while keeping the airplane itself intact cannot be achieved without an ability to hold one accountable to very high standards. Thousands of aircraft travel through the skies each day and it is easy to see why sustaining an internal balance in harmony with ones environment is crucial in these situations.

In our Cosmos: To expand our perspective a little more, we can look at the tremendous balance required of the planets, solar system, and the stars in our universe. Their movement and rotations are vital

for growth and expansion, for the very existence of all life itself. The revolution of the planets at different times of the year creates the seasons; the movement of our sun around this galaxy affects life on other solar systems. Have you ever considered this? Our Milky Way Galaxy maintains balance while existing in harmony with other galaxies in our local universe. These huge life systems are constantly affected by factors such as magnetic resonance, rotations of light, merging polarity fields, and many other understated variations of energy and light, all being governed by our Creator's Will and Plan.

For all that you have already learned about the value of balance in your life are you willing to consider that you can still become much more? Look around at the collective effect of humankind. Despite an ability to perform many individually balanced functions do you believe our species is really in balance? Do you believe a species in balance would create systems so disharmonious they now threaten to collapse the interconnected harmony of an entire planetary environment? You become more aware each day of a deteriorating eco-system, impacting all cultures, all political systems, and the collective global economy. Can you really afford not to become involved?

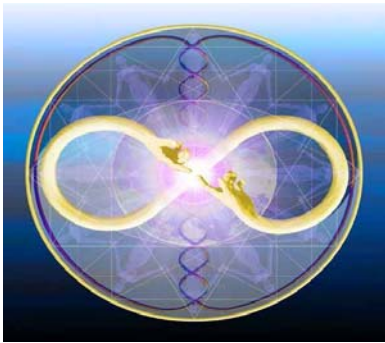
Humanity can choose to take responsibility for improving these imbalances. Collectively, we have the power to transform the planet's crisis by working together in a shared partnership with our planetary mother. If we work together, forming cooperative, creative global communities, we will advance the evolution of the human race while doing all we can to reverse the failing global systems of our planet. Remember, how we choose to live our lives reflects the quality of our souls.

Together, we are bringing forth another reality upon Earth. In this Aquarian Age, balance will play an enormous role in the formation of a new

Continued on page 6

The Value of Balance

Continued from page 5



consciousness. Let us all realize, more that we have before, the true value of our shared unity. Gaining a greater understanding of the importance of balance is only a first step; living balance in our own lives is the second step and actively expanding our new found knowledge into the world can become a life's mission. The result can be a greater harmony for our community, country, world, and solar system. We welcome your assistance!!!

Patricia of Ariel



Gratitude

*'We rise into this moment
Filled with anticipation
Knowing when we have given
The best we have to give
Our Heavenly Companions
Will part the curtain of night
Lift the veil that caused our
blindness
And we will be welcomed
Into the celebration
Of Light on Earth
Love in every heart
And peace within'*

*Kaih Khriste King
Finding Peace Within The Storm*

KUAN YIN



*Kuan Shih Yin – I Do Salute
Goddess of Mercy – Quite Resolute.
Amithaba Buddha - you do emanate
Love ... Compassion ... Kindness - to disseminate!
Standing in God's Flame you are so dutiful
To the Law of Forgiveness ... ever so Faithful.
Kuan Shih Yin – Why I Ask?
Called Upon – Taken To Task?
Ascended Lady Master amongst the plenty
Awaits the Call – Then serves so many.
Elected by the Karmic Board
Chohan of Ray 7 - it was your reward.
Till St. Germain came to office
His role – How to Transmute! How to Profit!
Now the two side by side
To Uplift ... And ... To Guide.
Kuan Shih Yin, Divine Mother - for the world you
stylishly fashion
Such virtuous qualities ... your very passion.
To evolutions of earth from your etheric temple
In Peking China ... a perfect example.
The Bodhisattva vow – you hold the key
Planet Earth to serve - till all are free.*

*NA-MO KUAN SHIH YIN P'U-SA
CHIU K'U CHIU NAN P'U-SA LAI*

*Save from suffering.
Save from calamity.
Bodhisattva – Hail!
Bodhisattva – Prevail!*

*OM MANE PADME HUM !
OM MANE PADME HUM !*

Lady Nada



Affirmation on SETTING THE CHRIST TONE

I AM PEACE
 I AM LOVE
 I AM JOY
 I AM THIS I AM
 I AM CHRIST LIGHT IN MOTION
 I AM CHRIST LIGHT IN ACTION

Affirmation on CHRIST FREEDOM AND ABUNDANCE

I AM WEALTH ABUNDANCE
 I AM FREEDOM TO DO GOD'S WORK
 I AM PEACE
 I AM LOVE
 I AM JOY
 I AM THIS I AM
 I AM CHRIST LIGHT IN MOTION
 I AM CHRIST LIGHT IN ACTION

Affirmation on HARMONY WITH DUALITY (in any kind of relationship)

I AM LOVE
 I AM TRUTH
 I AM WISDOM
 I AM BALANCE AND JUSTICE
 I AM HARMONY
 I AM BEAUTY
 I AM PEACE
 I AM JOY
 I AM THIS I AM
 I AM CHRIST LIGHT IN MOTION
 I AM CHRIST LIGHT IN ACTION

continued on page 8



Affirmation on CENTERING IN THE FACE OF DISCORDANT CONSCIOUSNESS/ENERGY

1.

I AM TRUTH
I Think of Truth
I AM PEACE

I AM BALANCE AND JUSTICE
I Flow Fearlessly in Balance and Justice
I AM PEACE
I AM LOVE

2.

I AM TRUTH
I Speak of Truth
I AM PEACE

I AM BALANCE AND JUSTICE
I Stand in Balanced Power and Justice
I AM HARMONY
I AM PEACE
I AM LOVE

3.

I AM TRUTH
I Act on Truth
I AM PEACE

I AM BALANCE AND JUSTICE
I AM LIVING as Balance and Justice
I AM HARMONY
I AM PEACE
I AM LOVE
I AM JOY

Eugene L. Asidao

Onhi Newsletter Staff

Publisher

One World Heart Institute

Founders

Linda Michael
Mark Kochkodan
Jannine Leist

Chief Editor

Phyllis Abratt

Onhi Staff Associates

Edward Rivera
Ann Patton
Esther Kramer
Barbara Keating
Patricia of Ariel

Graphic Design

David Tourin

Onhi Core Authors

Linda Michael, Avatara Emanuella

Mark Kochkodan, life extension of Lord Lanto

Jannine Leist, life extension of El Morya

Joseph Miller, life extension of Master Kuthumi

David Tourin, life extension of Djwhal Khul

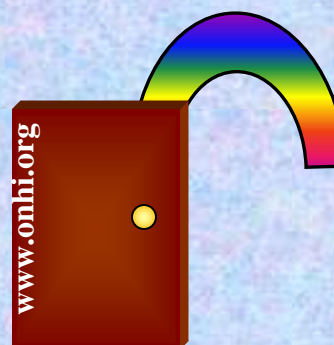
Donna Zuckerman, life extension of Lady Ina

Phyllis Abratt, life extension of Lady Nada

Roxana Camacho, life extension of St. Bernard

The One World Heart Institute website provides Transformational Planetary News on the ever-expanding Aquarian spirituality free of charge from Avatara Emanuella, and the Aquarian Ascended Masters in manifestation in the plane of matter. **Your donations** are vitally needed to assist us in bringing forth this spiritual awareness to humanity, and in our continuing efforts to expand this new transformational planetary awakening. Our heart's hope is to someday have our own Holistic Ascension Center for spiritual healing and enlightened education for all. Every dollar counts!!! [Click here to donate.](#)

Onhi Store



[DONATIONS ACCEPTED](#)

Illumination Flame

Illumination Flame is a free publication. It is available on our website www.onhi.org and at selected healing and education centers. The opinion expressed by the authors and sponsors of *Illumination Flame* are not necessarily those of the Publisher. *Illumination Flame* and those in its employ are not responsible for situations arising from the application or participation in anything said or advertised in this publication. Articles appearing in this publication are copyright and may not be reproduced in whole or part without express permission from the Publisher or Author. We welcome your ideas, articles and feedback. To contact *Illumination Flame* for article submissions write or call us at:

Illumination Flame
One World Heart Institute
4613 N. University Drive, No. 469
Coral Springs, Florida 33067
Phone: 954.559.1296 FAX: 954.796.1765
Email: info@onhi.org